## Ball Bounce

Approach: Open space
Level: Year 4 and year 8 Focus: Large ball skills. Resources: Large ball, 4 bibs.

## Questions/instructions:

Stand in one spot. Don't walk around.
Bounce the ball:
1.5 times with your right hand.
2. 5 times with your left hand.
3. 5 times with your right hand / left hand.


|  | \% responses |  |
| :---: | :---: | :---: |
|  | $2002(98)$ | $2002(98)$ |
| Single hands: | year 4 | year 8 |
| good control, both hands | $71(80)$ | $89(91)$ |
| good control, left hand | $6(7)$ | $3(3)$ |
| good control, right hand | $11(8)$ | $5(1)$ |
| neither hand good control | $12(5)$ | $3(5)$ |

Alternating hands:

| pattern complete, excellent |  |  |  |
| ---: | :---: | :---: | :---: |
| technique | $19(23)$ | $41(57)$ |  |
| pattern completed without error | $41(38)$ | $39(33)$ |  |
| pattern completed, one error | $19(16)$ | $9(7)$ |  |
| wrong pattern but good control | $3(2)$ | $6(0)$ |  |
| other response | $18(21)$ | $5(3)$ |  |
| Total score: | 5 | $18(22)$ | $41(56)$ |
| 4 | $32(39)$ | $34(28)$ |  |
| 3 | $21(12)$ | $11(9)$ |  |
| 2 | $15(14)$ | $11(5)$ |  |
| 1 | $6(9)$ | $2(1)$ |  |
| 0 | $8(4)$ | $1(1)$ |  |

## Commentary:

About 20 percent more year 8 than year 4 students completed each component well. There appeared to be a small decline in performance at both year levels between 1998 and 2002.

