## Old Bones

Approach: One to one

## TREND TASK

## Focus: Bereavement.

Resources: Video recording on laptop computer.


Questions/instructions:
This activity uses the computer.

## Click the Old Bones button.

In this activity we are going to look at a video about a boy called Zak and his pet dog "Arch". After we have watched it I will ask you some questions.

## Click the Play button.

## Video script:

Every week, every month, every year, Arch buried bones in the flower garden.
"That daft, dumb, dizzy, dopey dog!" Zac's Mum pretended to growl.
"I can't grow any daffodils because of his smelly old bones!" But one day, Arch just left a bone lying on the lawn. He didn't bury it.
"Poor Arch," said Zac's Mum. "He's really old now."
Zac felt upset. For the next week he took Arch for a walk every day. Arch creaked along very slowly. When he got home, he lay in his basket for a long time.

One day Zac's mum said, "Arch can't move his back legs now." Cliff picked him up and carried him inside to his basket. Arch lay there all afternoon.
Several days passed and Arch did not get any better.
"I think we have to put him down," said Cliff. "It's for the best. I'll take him to the vet tomorrow."
The next morning, Arch had a special breakfast of sausages and bacon. When Zac put the bowl down beside his basket, the old dog wagged his tail. Zac cried all the way to school.
That afternoon, Arch's basket was gone from the living room. There was a fresh patch of dug earth in a corner of the lawn near the flower bed. A white cross stood at one end.

| 1. Zak's dog, Arch, has just died. | \% responses |  |  | \% responses |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2002 ('98) year 4 | 2002 ('98) <br> year 8 |  | 2002 ('98) year 4 | 2002 ('98) <br> year 8 |
|  |  |  | (e.g. reflection, memory, action) | 32 (26) | 41 (47) |
| How do you think Zak is feeling now? |  |  | non-dog related, positive (e.g diversions, treats) | 17 (9) | 21 (16) |
| not marked | - | - | non-dog related, negative (avoiding, ignoring issue) | 16 (14) | 18 (14) |
| 2. Zak is feeling pretty bad about his dog dying. |  |  | replacing dog with a new pet | 64 (62) | 61 (56) |
| What could he do to help himself feel better? |  |  | Overall strength of ideas: ${ }^{\text {strong }}$ | 2 (0) | 3 (1) |
| dog related, positive |  |  | moderate | 37 (28) | 44 (42) |
|  |  |  | weak | 61 (72) | 53 (57) |


$\left.\begin{array}{r|cc|}\hline \begin{array}{r}\text { 3. If you were Zak's friend, how might } \\ \text { you help him to feel better? } \\ \text { talk/do things to remember happy } \\ \text { times with dog }\end{array} & 10(17) & 18(16) \\ \text { year } 4\end{array}\right)$

| 5. How do you think they could help him? |  | \% responses |  |
| :---: | :---: | :---: | :---: |
|  |  | $\begin{gathered} 2002(98) \\ \text { year } \mathbf{4} \end{gathered}$ | $\begin{gathered} 2002(98) \\ \text { year } 8 \end{gathered}$ |
|  |  |  |  |
| not marked |  |  |  |
| Total score: | 4 | 0 (0) | 1 (0) |
|  | 3 | 2 (0) | 3 (0) |
|  | 2 | 18 (13) | 22 (24) |
|  | 1 | 34 (19) | 31 (24) |
|  | 0 | 46 (68) | 43 (52) |

## Commentary:

Fifty to seventy percent of the suggestions from both year levels were judged to be 'poor', but there was some evidence of improvement at year 4 level between 1998 and 2002.

