

Approach: One to one
 Focus: Competition
 Resources: Picture montage

Year: 8

Questions / instructions:



Show picture montage.

Here are some pictures of people who are at the top. They are excellent at what they do.

Point to each picture and say:

This is an artist.

This is a scientist.

These are musicians.

This is a sports person.

Although these people are excellent at different things, they all would have done some things the same to get to the top.

1. What are some of the things that all of these people have done to be excellent at what they do?

commitment/drive/ambition (*mental*)
 doing their best/striving
 sought out good teaching/coaching
 practise /persevere/play lots
 self assessment/monitoring
 (*taking responsibility*)
 accepting guidance
 give up/control competing activities

2. What sort of help might these people have needed?

financial help/sponsorship (*general*)
 provision of good equipment
 practical help
 (*e.g. transport to/from activities*)
 release from other commitments
 coaching/teaching
 encouragement /family

3. If you could choose anything to be really good at, what would you choose?

not marked

4. What things would you have to give up so you would get time to be really good at that?

not marked

Total score: 5–12

4

3

2

0–1

% response
2006 ('02)

year 8

36 (37)

55 (59)

77 (60)

4 (0)

3 (2)

1 (3)

4 (7)

6 (4)

2 (2)

1 (0)

77 (70)

39 (39)

11 (6)

21 (22)

37 (35)

24 (26)

7 (11)

Subgroup Analyses:

Year 8

Score
Range

Boys

Girls

Pakeha

Māori

Pasifika

5 - 12

8 %

19 %

38 %

3

27 %

0 - 1

8 %

13 %

25 %

34 %

21 %

7 %

10 %

23 %

39 %

23 %

5 %

11 %

20 %

33 %

26 %

10 %

10 %

19 %

21 %

33 %

17 %

Commentary:

The year 8 students generally had a fairly narrow view of the requirements for achieving excellence. There was little change between 2002 and 2006 and only minor differences between the five subgroups.