Trend Task:		Food, Glorious Food!
Approach:	One to one	Year: 4 & 8
Focus:	Food	
Resources:	Picture montage	

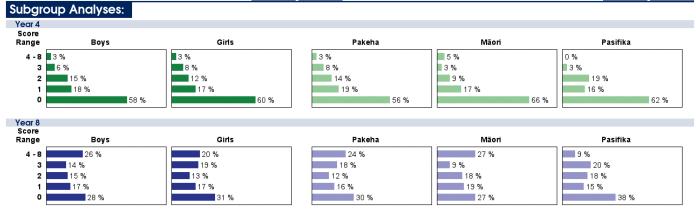
## Questions / instructions:

## Show picture montage.

Here are some pictures of people enjoying eating food together. Eating food is a very important part of our lives because it helps us to live and grow. But food is also important for other reasons.



1. For what other reasons is eating food	% response 2006 ('02) year 4 <sub>I</sub> year 8			% response 2006 ('02) year 4 uyear 8	
important, apart from living and growing? Tell me as many reasons as you can think of.	year 4	year o		year 4	year o
personal enjoyment		<b>6–</b> (66)	Overall quality of ideas:		
(of tastes, sights, smells involved in eating)	16 (17)	27 (33)	vey good/excellent	O (0)	1 (2)
important time for <u>being</u> with family/friends	13 (15)	43 (22)	good	2 (1)	14 (10)
important time for talking/sharing		,	moderately good	12 (9)	27 (12)
information and ideas	5 (5)	20 (6)	poor	86 (90)	58 (76)
often an opportunity to meet and share with <u>new</u> people	1 (2)	7 (1)			
part of important regular rituals/patterns	13 (12)	24 (21)		0 (0)	00 (15)
part of occasional special celebrations	12 (13)	23 (20)	Total score: 4–8	3 (2)	23 (15)
creative opportunity			3	7 (6)	16 (8)
(preparation and presentation)	1 (0)	2 (2)	2	13 (15)	14 (11)
many people enjoy <u>talking</u>			1	18 (17)	17 (27)
about food, recipes	1 (0)	2 (1)	0	59 (60)	30 (39)



## Commentary:

Most year 4 students showed little awareness of the non-nutritional values of food and eating, with substantially higher scores, on average, for year 8 students. There was improvement at year 8 level from 2002 to 2006.