

Approach: One to one  
 Focus: Smoking  
 Resources: Picture

Year: 4 & 8

Questions / instructions:



Show picture.

These people don't smoke.

They say they're never going to smoke.

- Why do you think they have decided it's better to be smoke free?

Health:

long term smoking dangerous to health  
 (e.g. cancer, organ damage, death)

other health consequences (e.g. coughing, wheezing, stained teeth/fingers)

dangerous to others  
 (e.g. passive smoking)

smoking leads to addiction/loss of control

Lifestyle:

expensive, takes money from other activities

annoying to others

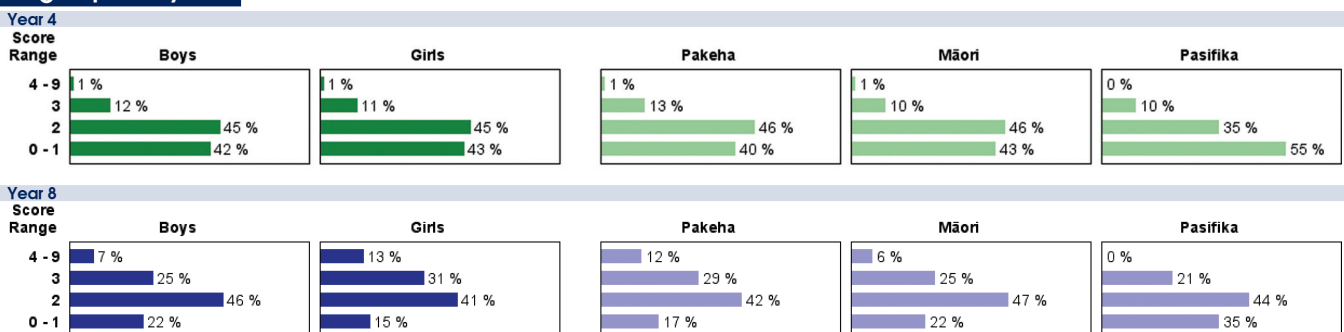
often leads to social isolation

smoking often takes time, disrupts other activities

positive role models to be smokefree/ smoking seen as stupid/dumb

	% response 2006 ('02)	
	year 4	year 8
long term smoking dangerous to health (e.g. cancer, organ damage, death)	87 (89)	89 (90)
other health consequences (e.g. coughing, wheezing, stained teeth/fingers)	50 (23)	61 (34)
dangerous to others (e.g. passive smoking)	20 (25)	24 (22)
smoking leads to addiction/loss of control	3 (10)	13 (13)
expensive, takes money from other activities	2 (4)	20 (13)
annoying to others	2 (3)	7 (7)
often leads to social isolation	1 (1)	2 (4)
smoking often takes time, disrupts other activities	1 (1)	4 (4)
positive role models to be smokefree/ smoking seen as stupid/dumb	3 (4)	10 (16)
<b>Total score:</b>	<b>4-9</b>	<b>10 (9)</b>
	<b>3</b>	<b>12 (11)</b>
	<b>2</b>	<b>45 (35)</b>
	<b>0-1</b>	<b>42 (52)</b>

Subgroup Analyses:



Commentary:

Most students have some understanding of the physical risks associated with smoking but few are as aware of the possible negative lifestyle consequences. There was a small improvement at both year levels from 2002 to 2006.