

Trend Task: Run



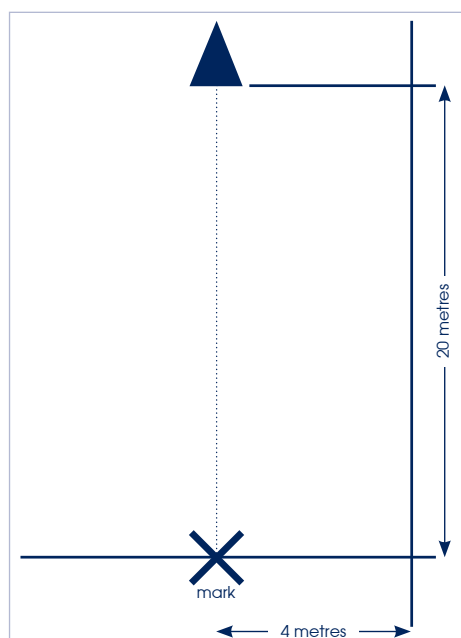
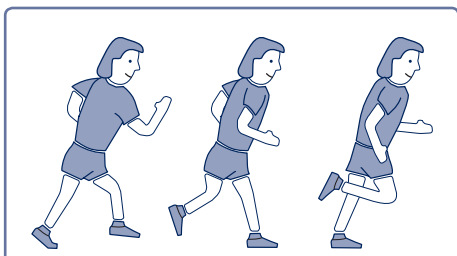
Approach: Open space

Focus: Running

Resources: Cone at 20 metre mark, floor plan as below

Year: 4 & 8

Questions / instructions:



Run as **fast** as you can from the start line to the cone marker and back again.

- Have **two** goes - the first is a practise run.

knees bent (*90+ degrees*) during recovery
arms bent, moved in opposition to legs
slight forward lean, landed on balls of feet

Time taken to complete run:

less than 8.0 secs	2 (3)	6 (4)
8.0 -12.0 secs	88 (85)	87 (91)
12.1 - 16.0 secs	10 (12)	6 (5)
longer, or not completed	0 (0)	1 (0)

Total score:	5-6	38 (35)	40 (37)
	4	26 (25)	31 (25)
	3	22 (28)	18 (26)
	0-2	14 (12)	11 (12)

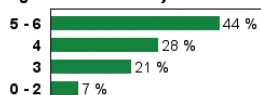
% response
2006 ('02)
year 4 year 8

Subgroup Analyses:

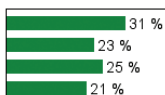
Year 4

Score Range

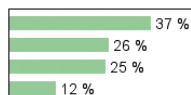
Boys



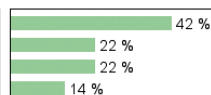
Girls



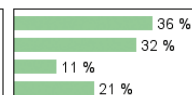
Pakeha



Māori



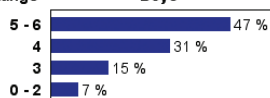
Pasifika



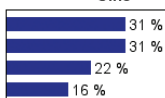
Year 8

Score Range

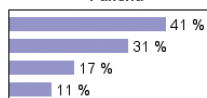
Boys



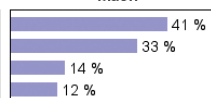
Girls



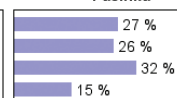
Pakeha



Māori



Pasifika



Commentary:

Most students ran competently and quite quickly. There was little difference between year 4 and year 8 students. Boys scored higher than girls but there were only very small ethnic differences. There was little change from 2002 to 2006.