

Bad Temper - A problem

Approach: Station

Level: Year 4 and year 8

Resources: None

Questions/instructions

Imagine that someone has this problem:
They have trouble controlling their temper and always end up hurting others.

1. Write down ways for dealing with this problem.

	% responses	
	y4	y8
seeking professional advice	13	29
involve adults / peers [general response only]	23	4
provide guidance or instructions	42	39
physical or mental self-control techniques	20	58
ignore problem	35	30

- Who are some people who might be able to help with this problem?
- Draw a ring around the person in answer 2 who might be the most helpful.
- Why do you think this person might be the most helpful?

	% responses	
	y4	y8
parents	43	30
school staff	26	5
other family members	4	8
friends	3	8
health professionals	4	35



Commentary

There is a major shift here between year 4 and year 8. Year 8 students place much greater emphasis on professional help and specific treatment, and much less on help from school staff.