#### **Breakfast Foods** Task:

Approach:

One to one

Critical evaluation of advertisements

Video recording on laptop computer

# Questions / instructions:

# This activity uses the computer. Click the Breakfast Foods button.

You are going to see some television advertisements for breakfast foods. Here is the first advertisement.

#### Click the Ricies button.

#### DESCRIPTION:

Screen says "Re-charge your kids on ricies". Four children playing drums, expanding to large group. All children except one slow down and stop playing drums.

**VOICEOVER:** You may be surprised to find how nutritious Ricies is. It's packed with B vitamins, iron and complex carbohydrates that will keep them going and going all morning. Recharge your kids on Ricies.



1. Who do you think this advertisement is aimed at? parents and children

parents children 38 neither

y8

18

30

24

24

y8

y4

39

у4

2. Why do you think that?

# **Quality of explanation:**

(Nutrition detail, talks about "your kids", sounds like advice to parents, shows kids staying energetic, very good/excellent action appeals to kids)

good moderately good poor keeps kids going)

3. What does the advertisement message "Recharge your kids on Ricies" mean? **Quality of explanation:** (Ricies is nutritious, gives energy,

very good/excellent aood

> moderately good 50 27

y8

10

y4

19

4 & 8

4. How does the video show this message? only child left playing drums had eaten Ricies 68 91 shows children doing energetic things happily 9

#### DESCRIPTION:

Screen shows athletic man running through variety of dangerous sets; his fuel gauge is almost on empty; refuels on cereal and continues running.

Power the machine with Kelloggs Nutrigrain with carbos for energy, protein for muscle development and calcium for bone strenath. Because it's not about what's behind you but what's in front of you.



#### Click the Nutri-Grain button.

5. Who do you think this advertisement is aimed at?

adults 19 20 teenagers/young adults 8 28 both above 11 children 9 14 27 sports people, people who need lots of energy no clear choice 61 34

6. Why do you think that?

# **Quality of explanation:**

(Shows energy, endurance, recovery, sports clothing, sports activities)

very good/excellent good 49 moderately good 36 58 poor

7. What does the advertisement message "It's not what's behind you but what's in front of you" mean?

#### Quality of explanation:

(Forget about past challenges, you'll need energy and commitment to overcome future challenges, Nutri-Grain will give you the energy)

> very good/excellent good moderately good

8. How does the video show this message?

man faces challenges well after eating Nutri-Grain

27 50

у8

33

49

y4

3

poor

#### DESCRIPTION:

Screen shows teenager arriving early for work at an appliance store, drinking Up & Go; gathers a lot of electric fans together and dives off shelf into them.

#### VOICEOVER:

Up & Go gives you the goodness of two Weetbix and milk, plus an extra 10 minutes in the morning. What you do with that time... is up to you.



# Click the Up & Go button.

9. Who do you think this advertisement is aimed at?

adults 22 teenagers/young adults 8 28 children no clear choice 76 49

78

11

21

36

33

ν4

у8

10. Why do you think that?

#### **Quality of explanation:**

(Shows young person/teenager, unlikely activity for older adults, could not be done by children)

> very good/excellent 11 good 19 34 moderately good

> > poor

11. What does the advertisement message "Gives you an extra 10 minutes in the morning" mean?

#### **Quality of explanation:**

(Shows time, food preparation, all you need in one pack, lets you do exciting extra things)

very good/excellent good moderately good

poor

68

12. How does the video show this message?

y4 says it gives you equivalent of milk and cereal in one pack shows what fun you can have with the extra time

24 57

y8

13. There was a similar message in all three ads that tried to get people to think the breakfast foods would be good for them. Try to explain to me what the similar message was in all three

**Quality of explanation:** clearly explained 30 yes, vaguely 42 51

48 19 no

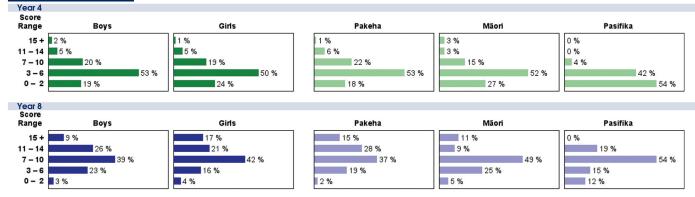
**Total score:** 

15 or more 11-14 23 7-10 20 40 3-6 20

0-2

22

**Subgroup Analyses:** 



# Commentary:

This task, focused on understanding advertisements, proved to be difficult for the year 4 students. Year 8 students performed substantially better. Year 4 Pasifika students scored particularly poorly, with major improvement at year 8.