

Te Kai Hikareti, Kāhore Rānei — To Smoke Or Not To Smoke

Approach: One to one

Focus: Peer pressure.

Resources: Picture.



Questions/instructions:

We all make our own choices. There are reasons why young people choose to smoke cigarettes.

Mā tātou anō e whai tā tātou i whiri ai. He nui ngā take e whakaaro ai ētahi rangatahi ki te kai hikareti.

1. Tell me why you think young people might choose to smoke.

Ki a koe nei, he aha te rangatahi e hiahia ai te kai hikareti?

Reasons:

	% responses	
	GEd	MI
influence of significant role models <i>(including parents)</i>	30	22
peer pressure	52	49
self-image <i>(look cool)</i>	86	54
good physical feelings	19	22
addiction	10	0
ignore or don't believe reports of negative effects	4	3
to control weight	0	0
to experiment/try it	8	16

Look at this picture. **Show picture.**

Titiro ki te pikitia. **Whakaaturia te whakaahua.**



Sometimes our friends can pressure us to do things we really don't want to do.

I ētahi wā ka pēhia tātou e ō tātou hoa ki te mahi i ngā mahi kāore tātou i te hiahia.

2. What could you do or say to your friends if they tried to get you to smoke cigarettes. Tell me what you could do or say to them.

Ka pēhea koe, ā, ka pēhea tō kōrero ki ō hoa, mēnā ka ākina koe e rātou kia kai hikareti? Kōrerotia mai ka aha koe, he aha rānei ō kōrero ki a rātou.

	% responses	
	GEd	MI
Choice made:		
accept	0	0
ignore/avoid	3	0
say no	58	43
criticize	5	11
other or multiple responses	34	46

Reasons given:

aesthetic reasons <i>(e.g. appearance, smell)</i>	1	3
health consequences for smoker	37	46
health consequences for others	7	0
cost	3	0
addictive effects	1	0

Total score:	5-7	5	0
	4	19	11
	3	19	24
	2	37	43
	0-1	20	22

Commentary:

The results achieved by Māori students in general education (GEd) settings and students in Māori immersion (MI) settings were not statistically significantly different.