Whana Paoro Rahi — Large Ball Kick

Approach: Open space Focus: Kicking.

Resources: Large ball, 2 cones, 4 bibs.



Questions/instructions:

1. Place ball on the 3 metre mark.

From a standing position, kick the ball between the cones (10m away, 3m apart).

Have 3 goes - the first one is a practice kick.

2. Start dribbling the ball from the **start** mark, then kick the ball between the cones before you cross the **3 metre** mark.

Have 3 goes - the first one is a practice kick.

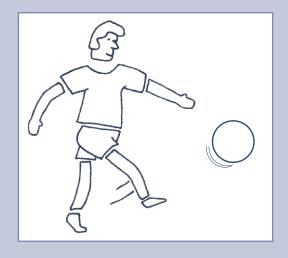
1. Whakatakotohia te paoro ki runga i te tohu **3** mita.

Me tū koe ki te tohu rā, ā, ka whana i te paoro ki waenganui i ngā korere.

Kia 3 ngā wā whana - te mea tuatahi hei whakamātau.

2. Tīmata ki te arahirahi i te paoro mai i te tohu tīmata, kātahi, ka whana te paoro ki waenganui i ngā kōrere i mua i tō whakawhiti i te tohu 3 mita.

Kia 3 ngā wā whana - te mea tuatahi hei whakamātau.



| | % responses | |
|--|-------------|----|
| Placed ball – | GEd | MI |
| number of firm, reasonably accurate kicks: | | |
| 3 | 70 | 84 |
| 2 | 22 | 8 |
| 1 | 7 | 8 |
| 0 | 1 | 0 |
| Placed ball – technique: (non-kicking foot near ball, knee bent 90+ degrees during back swing, ball contacted with top or side of foot, opposite arm swings forward, kicking leg follows through towards target) | | |
| very good/excellent | 27 | 28 |
| good | 45 | |
| fair | | |
| poor | 2 | 0 |
| Dribbled ball – number of firm, reasonably accurate kicks: | | |
| 3 | 68 | 61 |
| 2 | 22 | 26 |
| 1 | 9 | 13 |
| 0 | 1 | 0 |
| Dribbled ball – control: (walking/running with ball, kicking within zone) | | |
| very good/excellent | 28 | 26 |
| good | 44 | 42 |
| fair | 26 | 29 |
| poor | 2 | 3 |
| | | |
| Total score: 11-12 | 22 | 24 |
| 9-10 | 45 | 44 |
| 7-8 | 21 | 24 |
| 5-6 | 11 | 4 |
| 0-4 | 1 | 4 |
| | | |

Commentary:

The results achieved by Māori students in general education (GEd) settings and students in Māori immersion (MI) settings were not statistically significantly different.