

Approach: Station
 Focus: Evaluating decisions, strategies, outcomes and consequences
 Resources: Work book

Year: 8

Questions / instructions:

When people go tramping or hiking they often stay away from home for a few nights. They stay in huts or tents and have to pack food to carry with them.

- Put a tick ✓ to show if the food would or would not be good to take tramping.

Food	Good to take on a tramp	Not good to take on a tramp
Yoghurt		✓
Cream Cake		✓
Muesli Bars	✓	
Kumara		✓
Oranges	✓	
Dried Noodles	✓	
Bottle of Coke		✓
Dried vegetables	✓	
Milk powder	✓	

% response
2008 ('04)
year 8

54 (56)
92 (94)
97 (98)
51 (49)
94 (92)
62 (69)
69 (65)
80 (75)
69 (78)

- What are some important things to think about when choosing food to take on a tramp? Try to give **three or more** things to think about.

amount needed 7 (8)
 weight 18 (16)
 capacity/space 15 (12)
 likelihood of damage 16 (23)
 likelihood of decay 40 (43)
 nutritional value 30 (31)
 easy to prepare 24 (25)
 nice to eat 5 (1)
 disposal of packaging 2 (0)
 energy 34 (25)
 Water: water hydration 4 (7)
 water 19 (16)

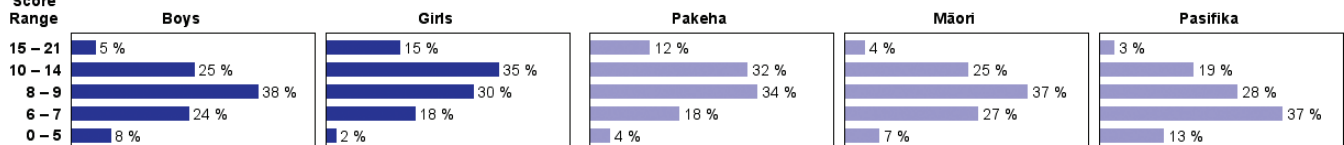
Total score: 15-21 10 (9)
 10-14 30 (29)
 8-9 34 (38)
 6-7 21 (20)
 0-5 5 (5)

% response
2008 ('04)
year 8

Subgroup Analyses:

Year 8

Score Range



Commentary:

Student choices for what food to take on a multi-day tramp ranged from the highly practical (muesli bars) to the highly desirable (cream cakes). In general, students made good choices on what to include. Girls made better choices than boys and were better able to give reasons for their choices. Pakeha students scored higher than Māori or Pasifika students; there were negligible changes from the 2004 administration.