Chapter 3: Personal Health and Physical Development

% responses

2002 ('98)

year 4

TREND TASK

Approach: One to one Focus: Safety in the sun. Resources: None.

Questions/instructions:

This activity is about being safe in the sun. Imagine that you have been asked to think up some really important rules for everyone - rules that help everyone to be safe from the sun.

1. Tell me the rules you would make, and I'll write then down.

As the student says each rule, write it down and read it aloud. Where 2 or more rules are given as one, suggest that they be written separately.

2. Now I'll read out the things you have said, and if you want to change any of them you can tell me.

Make any changes offered by the student.

Rules included:

use sunblock/suntan lotion 93 (96) limit exposure time 16 (15) wear a hat 85 (79) cover up body 29 (21) wear sunglasses 25 (21) keep cool 19 (9) use shade 46 (54) don't tan/sun bathe 3 (4) 3. Look at the things you've said, and choose one thing that you think is probably the most important. 4. Why do you think that is the most important? How well has explanation covered protecting body from damage caused by UV radiation? well 5 (4)

> on right track, but vague 74 (70)

poorly 21 (26)



		2002 ('98) year 4	011505
Total score:	6-9	11 (8)	
	4-5	58 (52)	
	2-3	28 (37)	
	0-1	3 (3)	

Commentary:

Most year 4 students emphasized the use of sunblock and sunhats, with staying in the shade the next most popular suggestion. There was little change between 1998 and 2002.

Sun Sense

Level: Year 4