

TREND TASK



Target Throw

Approach: Open space

Focus: Accurate throwing.

Resources: Felt target with two concentric circles, 3 velcro-covered balls, 4 bibs.

Level: Year 4 and year 8

Questions/instructions:

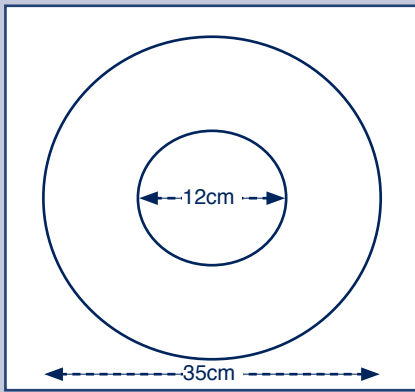
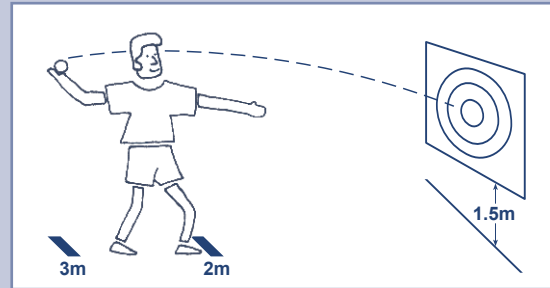
Try to hit the middle of the target (don't worry if the ball doesn't stick).

1. Stand on the 2 metre marker.

- 3 throws - underarm.
- 3 throws - overarm.

2. Stand on the 3 metre marker.

- 3 throws - underarm.
- 3 throws - overarm.



2 metre distance –

Best underarm throw:

	% responses	
	2002 ('98)	2002 ('98)
	year 4	year 8
inner circle (or on line)	20 (27)	37 (42)
outer circle (or on outer line)	64 (61)	60 (54)
other	16 (12)	3 (4)

Second best underarm throw:

inner circle (or on line)	2 (0)	4 (7)
outer circle (or on outer line)	47 (50)	73 (68)
other	51 (50)	23 (25)

Best overarm throw:

inner circle (or on line)	24 (14)	37 (39)
outer circle (or on outer line)	59 (73)	57 (57)
other	17 (13)	6 (4)

Second best overarm throw:

inner circle (or on line)	4 (2)	7 (7)
outer circle (or on outer line)	49 (51)	66 (80)
other	47 (47)	27 (13)

3 metre distance –

Best underarm throw:

	% responses	
	2002 ('98)	2002 ('98)
	year 4	year 8
inner circle (or on line)	11 (17)	26 (23)
outer circle (or on outer line)	47 (51)	59 (62)
other	42 (32)	15 (15)

Second best underarm throw:

inner circle (or on line)	0 (1)	3 (3)
outer circle (or on outer line)	24 (24)	46 (50)
other	76 (75)	51 (47)

Best overarm throw:

inner circle (or on line)	9 (15)	17 (20)
outer circle (or on outer line)	47 (46)	59 (61)
other	44 (39)	24 (19)

Second best overarm throw:

inner circle (or on line)	1 (2)	2 (2)
outer circle (or on outer line)	18 (18)	40 (42)
other	81 (80)	58 (56)

Total score:

27-32	2 (2)	8 (7)
22-26	25 (31)	60 (70)
17-21	49 (43)	28 (22)
12-16	18 (23)	3 (1)
0-11	6 (1)	1 (0)

Commentary:

On each task component, about 20 percent more year 8 than year 4 students hit the target inside or on the outer circle. There was little difference in accuracy between underarm and overarm throws. The results for 2002 and 1998 were very similar at both year levels.