Approach: One to one

## Focus: Bullying.

Resources: Video recording on laptop computer.


## Video script:

This is my school.
Once some of my classmates locked me in the broom cupboard. They said it was just because I was new and they did it to everyone.
And there was that time when I got my new glasses. Sandra and her friends kept calling me four eyes. But that was just a nickname and Mum says names can never hurt you.

Another day some kid borrowed my bike and rode it round after school. I had to wait a long time and was late home. Mum was angry. I said I had to do extra work after school.
I remember the day Mark held my head under water. He said he wanted to see how long I could hold my breath. He said only a baby would tell the teacher, so I didn't say anything.

## Questions/instructions:

This activity uses the computer.
Click the Andrew's School button.
We'll start this activity by watching a video about a boy called Andrew.

You will see that Andrew has a problem.

Click the Play Button.
Each of the pictures shows things happening to Andrew.

1. What is the problem that Andrew is having? not marked
2. How do you think Andrew would be feeling because of the way others are treating him?
not marked
3. Andrew is being bullied at school and this problem needs to be stopped. See if you can tell me three different things that could be done to help stop the problem.

Tell me and I will write them down for you

$$
\begin{array}{cc}
\% \text { responses } \\
2002 \text { ('98) } & 2002(98) \\
\text { year } \mathbf{4} & \text { year 8 }
\end{array}
$$

As the student says each idea, write it down and read it aloud. Where 2 or more ideas are given as one, suggest that they be written separately.
4. Now choose one of your ideas that you think would most likely work. I'll tick the one you choose.

Idea that would most likely work:
tell/get help from teacher
tell/get help from other adults
(including parents)
explain to bullies how you feel and ask them to stop

| ignore the bullying | $10(11)$ | $3(2)$ |
| ---: | :---: | :---: |
| avoid the situation | $7(7)$ | $2(5)$ |
| find other friends | $3(2)$ | $3(7)$ |
| get help from peers | $2(1)$ | $1(1)$ |
| retaliate | $1(1)$ | $0(0)$ |
| other ideas | $13(7)$ | $7(6)$ |

$$
\begin{array}{cc}
\text { \% responses } \\
2002(' 98) & 2002(\text { ('98) } \\
\text { year 4 } & \text { year 8 }
\end{array}
$$

40 (39) 47 (48)

15 (20) 26 (24)

10 (12) 11 (7)

(0)

7 (6)



There was little change, for either year level, between 1998 and 2002. Year 8 students were less inclined than year 4 students to try to ignore or avoid bullying, and more inclined to seek adult help. About two-thirds of students reported that they had been bullied at school on at least one occassion, with about 10 percent of year 8 and 15 percent of year 4 students reporting that it had happened 'heaps' or 'quite a lot'.

