

To Smoke or Not To Smoke?



Approach: One to one
Focus: Peer pressure.
Resources: Picture.

Level: Year 8

Questions/instructions:

We all make our own choices. There are reasons why young people choose to smoke cigarettes.

1. Tell me why you think young people might choose to smoke.

Reasons:

influence of significant role models <i>(including parents)</i>	26
peer pressure	63
self-image <i>(look cool)</i>	77
good physical feelings	20
addiction	10
ignore or don't believe reports of negative effects	5
to control weight	1
to experiment/try it	10

Look at this picture.

Show picture.



% responses
y8

Sometimes our friends can pressure us to do things we really don't want to do.

2. What could you do or say to your friends if they tried to get you to smoke cigarettes. Tell me what you could do or say to them.

Choice made:	accept	2
	ignore/avoid	3
	say no	59
	criticise	3
	other or multiple responses	33
Reasons given:		
	aesthetic reasons <i>(e.g. appearance, smell)</i>	2
	health consequences for smoker	39
	health consequences for others	9
	cost	2
	addictive effects	3

Total score:	5-7	6
	4	16
	3	28
	2	35
	0-1	15

% responses
y8

Commentary:
 No commentary.