

Approach: One to one  
 Focus: Prevention of illness and infection  
 Resources: Sticker

**Questions / instructions:**

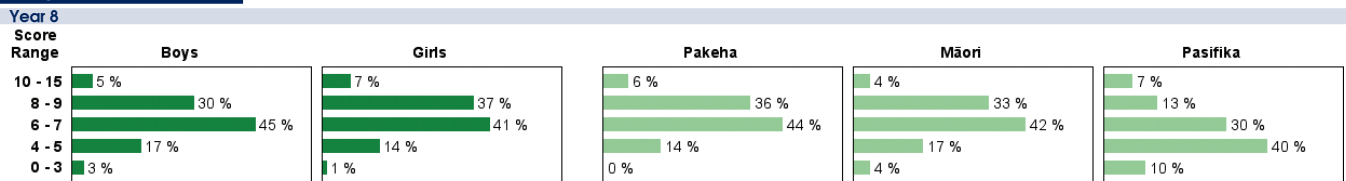
**Hand sticker to student.**

Look at this sticker. It gives a special message about the importance of washing your hands.



- |   |   |                   |
|---|---|-------------------|
| 1. Tell me all of the times when it is important to wash your hands.  |   | % responses<br>y4 |
|   | before eating   | 78                |
|   | before/after preparing food                                       | 22                |
|   | after going to the toilet   | 75                |
|   | before brushing your teeth  | 0                 |
|   | after coughing/sneezing/blowing nose                              | 8                 |
|   | before dealing with a wound                                       | 3                 |
|   | after getting them dirty (general)                                | 81                |
| 2. Explain why it is important to wash your hands.  |   |                   |
|   | stop spread of infection/get rid of germs                         | 81                |
|   | protect your health   | 49                |
|   | protect other people's health                                     | 12                |
|   | avoid making a mess   | 3                 |
| 3. If you were going to teach a young child how to wash and clean their hands really well, what would you tell them to do? Tell me all the things you need to do to clean your hands really well. |   |                   |
|   | use soap/detergent  | 97                |
|   | use warm or hot water, if available                               | 11                |
|   | wash thoroughly   | 70                |
|   | rinse thoroughly  | 45                |
|   | dry with clean towel, hot air, etc. before touching anything else | 68                |
|   | <b>Total score:</b>   |                   |
|   | 10-15   | 6                 |
|   | 8-9   | 33                |
|   | 6-7   | 43                |
|   | 4-5   | 16                |
|   | 0-3   | 2                 |

**Subgroup Analyses:**



**Commentary:**

Most students were well aware of the need to wash hands after going to the toilet or before eating but paid much less attention to other risks. Pasifika students scored markedly lower than the other subgroups.