

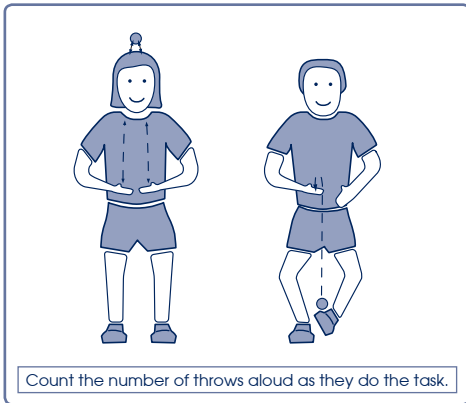
Approach: Open space

Year: 8

Focus: Throwing, catching, flicking

Resources: Bean bag

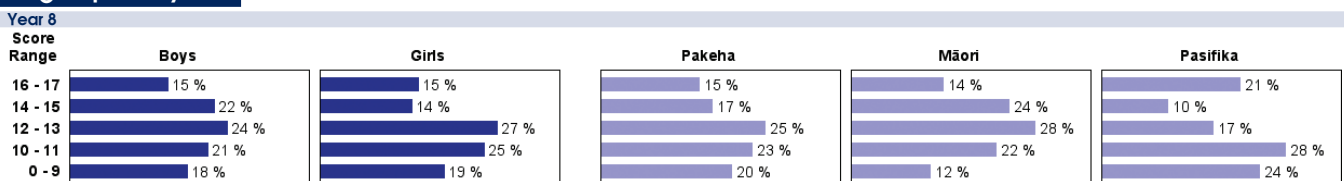
Questions / instructions:



1. Throw the bean bag above your head from one hand to the other, **three** times.
2. Throw the bean bag into the air. Turn a **half turn** and catch the bean bag. Have **three** goes.
3. Throw the bean bag into the air. Turn a **full turn** and catch the bean bag. Have **three** goes.
4. Put the bean bag on the top of your **left** foot, then stand up straight. Flick the bean bag up into the air with your foot and catch it in your hands. Have **three** goes.
5. Put the bean bag on the top of your **right** foot, then stand up straight. Flick the bean bag up into the air with your foot and catch it in your hands. Have **three** goes.

		% response 2006 ('02)	year 8
One hand to other – number caught:	3	88 (87)	
	2	8 (9)	
	1	2 (4)	
	0	2 (0)	
Half turn – number caught:	3	58 (62)	
	2	25 (25)	
	1	11 (8)	
	0	6 (5)	
Full turn – number caught:	3	17 (15)	
	2	26 (29)	
	1	22 (24)	
	0	35 (32)	
Left foot to hands – number caught:	3	40 (41)	
	2	33 (26)	
	1	17 (19)	
	0	10 (14)	
Right foot to hands – number caught:	3	55 (52)	
	2	26 (27)	
	1	14 (13)	
	0	5 (8)	
Overall style: (height, control, fluency)	strong	31 (26)	
	moderate	61 (66)	
	weak	8 (8)	
Total score:	16–17	15 (9)	
	14–15	18 (21)	
	12–13	25 (30)	
	10–11	23 (19)	
	0–9	19 (21)	

Subgroup Analyses:



Commentary:

Most year 8 students succeeded with the simplest component but less than half managed two or three catches after completing 360 degree rotations. There was no meaningful change in performance between 2002 and 2006.