

## Kai Tino Pai — Choice Food

**Approach:** Station

**Focus:** Foods.

**Resources:** 9 food stickers.



### Questions/instructions:

The stickers show some foods that Mere and Jia Li can choose to eat.

Ka taea e Mere rāua ko Jia Li ki te tīpako kai mai ēnei pānui whakapiri.



1. For her bones to be healthy, Mere needs calcium. Choose the best three foods that will help Mere and stick them here.

Mā te **konupūmā** [calcium] e kaha ai ngā koiwi o Mere. Tipakohia kia toru ngā kai tōtika hei āwhina i a Mere. Whakapiria ki kōnei.

  

Foods chosen:		% responses	
		GEd	MI
✓	milk	91	89
✓	cheese	69	68
✓	ice-cream	33	46
	banana	[53]	[22]
	carrots	[22]	[30]
	other four below 16%		

2. Jia Li feels very tired. Her doctor says she needs more iron. Choose the best three foods that will help Jia Li and stick them here.

He tino nenge te āhua o Jia Li. Ka kī tōna tākuta me kai **rino** [iron] ia. Tipakohia kia toru ngā kai tōtika hei āwhina i a Jia Li. Whakapiria ki kōnei.

  

Foods chosen:		% responses	
		GEd	MI
✓	steak	73	68
✓	baked beans	52	51
✓	chicken	63	41
	carrots	[37]	[41]
	banana	[26]	[35]
	other four below 22%		

<b>Total score:</b>	6	12	16
	5	19	14
	4	28	21
	3	26	25
	0-2	15	24

### Commentary:

The results achieved by Māori students in general education (GE) settings and students in Māori immersion (MI) settings were not statistically significantly different.