

Turakina Ngā Wikiti — Hit the Wickets

Approach: Open space

Focus: Accurate throwing.

Resources: Set of Kiwisport wickets, 3 small balls.



Questions/instructions:

Stand on the mark.

E tū ki runga i te tohu.

Try to hit the wickets (6m away).

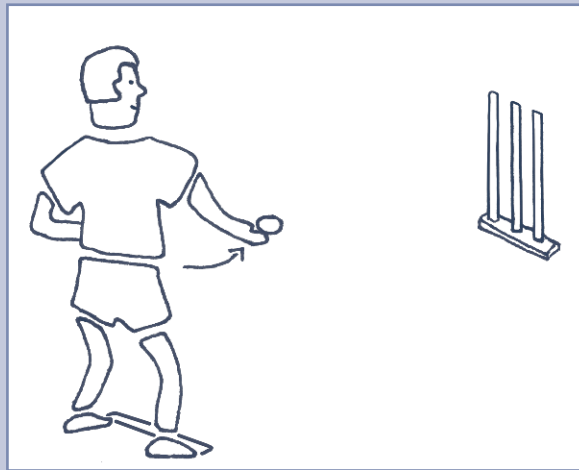
Kia kaha ki te turaki i ngā wikiti.

1. Throw the ball **underarm** - 3 times
— the first throw is a practice go.

1. Kia 3 ngā porowhiu **whakararo** i te paoro.

2. Throw the ball **overarm** - 3 times
— the first throw is a practice go.

2. Kia 3 ngā porowhiu **whakarunga** i te paoro.



Number of hits underarm:

% responses		
	GE _d	MI
3	8	4
2	32	46
1	44	25
0	16	25

Number of hits overarm:

3	9	3
2	18	13
1	43	45
0	30	39

Overarm technique:

throw, side-on, opposite shoulder
pointing toward wickets

% responses		
	GE _d	MI
	5	3

throw, body facing straight towards
wickets – i.e. using arm only

	55	74
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cricket style bowl

	34	23
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shot-put style push

	4	0
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other overarm

	2	0
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Commentary:

The results achieved by Māori students in general education (GE_d) settings and students in Māori immersion (MI) settings were not statistically significantly different.